

Opening a Family Child Care Home BUSINESS GUIDE



Introduction

There are many things to consider when starting a new child care business. This guide will help you think through the steps you need to take to open a family child care home.

Table of Contents

- 03 Are You Ready to Start a Family Child Care Home?
- 07 Do Your Research
- 28 Action Steps
- 48 Training and Education
- 50 Resources

ARE YOU READY TO START A FAMILY CHILD CARE HOME?

Before you begin the process of opening a family child care home, it is important to understand what family child care is and which local resources can support you through the start-up process.

Family Child Care

A family child care home is a place where a small group of children are cared for in a residential setting for a fee. Often this type of care and education is offered in your own home. Programs may offer care for typical work or school hours or during non-traditional hours, such as evenings or weekends. Most states require family child care homes over a certain size to be regulated or licensed. Regulations for licensing vary from state to state. For those family child care programs that are not required to be licensed, choosing to obtain a license can show the families in your community that you are committed to providing safe and quality child care.

Your state or local area may refer to family child care using other terms. Some examples include registered child care homes, group child care homes, group family daycare, home daycare, etc. This guide will use the term "family child care" to refer to regulated child care programs in residential settings that do not qualify as child care centers.





Child Care Resource and Referral Agencies

Most areas of the United States are served by one or more Child Care Resource and Referral agencies, or CCR&Rs. One of the functions of a CCR&R is to help families find child care that meets their needs by providing referrals to regulated child care programs. However, many CCR&Rs also work with child care programs to provide support and resources. They may have many tools for your business and professional development needs. Your local CCR&R will be an important partner for you before, during and after the licensing process.

Take a moment to find your local CCR&R agency <u>here</u>. Record the appropriate contact information below so that you can return to it if you need to reach out for assistance or with questions.

Name of Child Care Resource and Referral Agency

Contact Person

Phone Number

Email

Child Care Licensing Office

A second key resource for the start-up process is your state or local child care licensing office, especially if your area is not served by a local CCR&R. You can reach out to your child care licensing office with many of your start-up questions. Find your state or local licensing office contact information <u>here</u>. Click on your state, then click on the Child Care tab to find the licensing resource. Record the child care licensing contact information below for future use.

Child Care Licensing Contact Person

Licensing Office Phone Number

Licensing Website

Becoming familiar with the aspects of family child care and your local supports is helpful as you prepare to get started. However, the following resource will be important to help you evaluate why you want to start a child care business.



RESOURCE 1: Are You Ready to Start a Family Child Care Home?

This resource is meant to help you think about the reasons why you want to open a family child care home and if it is the right choice for you. There are personal considerations for you and your family as well as professional considerations for you to think about as you start your journey.

Personal Considerations

	Yes	No	Not Sure
Do you have a passion for helping children and their families?			
Do you enjoy being with young children and have the patience to care for them for many hours each day?			
Are you able to manage conflict successfully if it arises with staff and/or families?			
Are you able to get along with multiple types of families and children, even if their parenting style or culture are different than yours?			
Do you have the physical and emotional strength to run a child care business?			
If you have children or other people in your life who need you during child care hours of operation, have you identified someone to care for them if they become sick or need something?			
Do you have a positive attitude, even when challenges arise?			
Does your family support your decision?			
If your children are old enough, have you talked to them about the possibility of having a child care business in your home?			
If you are considering using your home as the child care business, have you thought about which areas of your home you would use?			
If you use your own home and have children of your own, will your children have their own space separate from the child care program when needed?			
Does your family support your decision? If you use your own home and have your own children, do you have a space where your children's belongings, such as special toys and equipment, can be stored away from the toys that belong to the child care?			



Professional Considerations

	Yes	No	Not Sure
Are you a self-starter?			
Do you have the required education needed in your state or local area to operate a family child care home?			
Do you have the knowledge and previous experience to run a family child care home?			
Do you know where to go to for training or help in running your family child care home?			
Are you comfortable working with licensing requirements and government regulations?			
Do you have the time to learn the necessary skills or are you willing to hire people with different skill sets that you need to have a successful family child care home?			
Are you able to plan and organize well? Think about having multiple children in your home all day, planning schedules and activities, and ensuring families receive timely communication from you.			
Are you comfortable with the potential legal, professional and personal risks associated with starting a new business?			
Have you undertaken similar responsibilities that have demonstrated you have the motivation and determination needed to make your business successful?			
Do you have access to funds you may need to start your business?			
Are you aware of the required amount of business and professional liability insurance you need for your child care program?			





If you checked "Yes" to all of these items, you are ready to continue exploring the next steps in starting your child care business! If you checked "No" or "Not Sure" to some of the items, reach out to your local Child Care Resource and Referral agency for help.



DO YOUR RESEARCH

Begin by learning some of the basic information about child care and opening a family child care home in your area. The following sections will guide you through topics you should learn about before taking steps to open a child care business.



Needs Assessment

Understanding the community need for child care is critical for your business to be successful. As you think about opening a family child care home, take the time to do a complete and thorough needs assessment. This is an important first step toward building your business plan, and it is critical for determining whether your community needs your services. Business owners of all types are more likely to succeed when they continually consider the needs of their consumers.



RESOURCE 2: Family Child Care Needs Assessment

There are three parts to the needs assessment. First, you need to have data on what type of child care is being offered in your community. Second, you will want to understand more about the families that you might serve through your child care business. Finally, you will want to know what other family child care homes in your area charge for child care. This will help you build your budget.

Contact your local Child Care Resource and Referral agency (CCR&R) for help completing the needs assessment.

Part 1: Current Child Care Landscape

Question	Answer/Comment
Who else is providing child care in your area?	# of licensed centers:
Ask your local Child Care Resource and Referral agency (CCR&R) about the	# of family child care homes:
number of center-based and in-home child care providers in your area.	# of school-based providers:
	Other:
Where are the other child care programs located?	
In the geographic area where you want to open your business, who provides child care services and where are they located? Think about churches, local community centers and schools as well as traditional child care providers.	
Is there a need for child care for a specific age group?	Infants (birth-12 months):
Think about the current providers in the area and what age groups they are	Toddlers (1-2 years):
serving. Ask your local CCR&R if there is a need for infant/toddler care or care for other age groups.	Preschool (3-4 years):
	Pre-K (4-5 years):
	Before/after care for school-age children (5+ years):
Is there a need for child care during a specific time of the day?	
Think about whether you might provide before and/or after-school care to school-age children or children enrolled in part-time pre-k programs. Ask if there is a need for evening, weekend, 24-hour and/or overnight child care options.	
Will the need for child care change in the next 2-5 years? Why?	
Think about whether there are local companies that are expanding or closing, whether local schools may be providing child care services or other factors that could influence the need.	



Part 2: Family Demographics

Question	Answer/Comment
How many families with young children live in your area? How many families have school-age children?	
Consider families with children birth-5 years, as well as families with school- age children.	
How many of the families with young children in your area might need child care? How many families with school-age children may need care before or after school and during the summer?	
Ask your CCR&R for current statistics on the number of families that may need care.	
Where do local parents work? What are typical working hours?	
Think about the families who might use your program. Some businesses, such as hospitals, factories, emergency services, etc. are open during non-traditional hours. Some families may work for organizations that have more typical work hours. You will want to think about family needs in designing your program.	
How long is the typical commute?	
Do families live in suburban areas and commute to a more urban area for work? Are you in a rural area where commute times may be shorter or longer, depending on where families work? You will need to consider these things as you think about your hours of operation.	



Part 3: Determine Costs

Question	Answer/Comment
What are the typical fees (the market rate) for child care in your area? Check with your CCR&R for this information.	Family child care average rate:Infants:\$/weekToddlers:\$/weekPreschool:\$/weekPre-K:\$/weekSchool-Age:\$/weekChild care center average rate:Infants:Infants:\$/weekToddlers:\$/weekPreschool:\$/weekPre-K:\$/weekSchool-Age:\$/week
Do families in your area typically get help to pay for child care, such as through the state child care subsidy program?	Yes No
Will your program be eligible to accept subsidies?	Yes No
What would your program need to do to be eligible to accept subsidies?	
Based on the number of children you plan to enroll, what is your expected cost per child? Contact your local CCR&R for help in calculating this information.	Infants:\$/weekToddlers:\$/weekPreschool:\$/weekPre-K:\$/weekSchool-Age:\$/week
What fees do you need to charge parents to have a profitable program? Can families in your area afford the fees? Contact your local CCR&R for help in calculating this information.	Infants: \$/week Toddlers: \$/week Preschool: \$/week Pre-K: \$/week School-Age: \$/week
How much will it cost you to start a new child care business? How much will it cost you to operate your child care business on an ongoing basis?	/ Week
Contact your local CCR&R for help in calculating this information or use the Provider Cost of Quality Calculator.	
https://childcareta.acf.hhs.gov/pcqc	
How many staff do you need to hire? What will you pay the staff? Will you be able to offer any benefits?	



Child Care Licensing

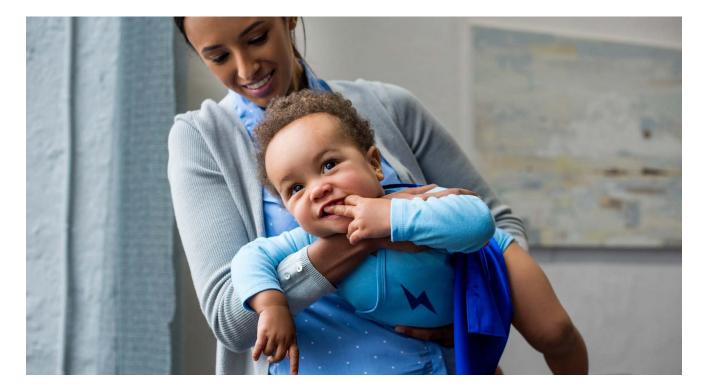
A child care license addresses the minimum acceptable health, safety and program standards for the legal operation of child care programs. Child care regulations vary by state. In some areas, local city and county governments may also create and enforce their own licensing requirements. Some programs may be exempt from licensing, depending on the type of program, where and when it operates, and the number of relative children in care. Even if your program is exempt from obtaining a child care license, it is always a good idea to pursue licensing in your state or local area. By becoming licensed even when it is not required, programs can demonstrate a commitment to providing safe and healthy child care for the families and children in their community.

Topics Covered by Licensing

There are a variety of topics covered by a child care license. Although states will vary, most will cover the following areas:

- The maximum number of children allowed in a family child care program and the minimum number of adults required for a specific number of children (adult-child ratio), based on the ages of the children
- Nutrition and food preparation

- Fire and safety drills
- Record keeping
- Minimum education requirements and ongoing training for providers
- Family involvement
- Health and safety standards, such as immunizations, handwashing, diapering, medications, reporting of accidents and illnesses, safe sleep procedures, outdoor play, and emergency preparedness plans







Licensing Cost

There are several fees you may need to pay during the licensing process. These can include an application fee, background check fee, fees for required inspections or others. Fees will vary depending on your location and, in some cases, the size of your family child care home.

Licensing Process

Each state has a different process for becoming licensed. Most states will require an application, background checks, licensing and fire inspections, and certain training hours to be completed before a license is issued. Your state or local area may require you to submit proof of certain insurance coverage before you can receive a child care license. You will need to have an understanding of the licensing requirements that you must meet in order to open and operate your business. You will also need to have your location selected, as it must be approved as a safe and appropriate space for child care.

Additional Licenses and Permits

Your local area may require you to have additional licenses or permits in addition to your child care license. This may include a general business license, a food service permit or a certification to administer medications.

Contact your local Child Care Resource & Referral agency (CCR&R) or your child care licensing office to learn more about the requirements, processes and fees associated with child care licensing in your area. Use the resource on <u>page 14</u> as a guide when you speak to a CCR&R representative.



Background Checks

Required Checks

Federal child care law requires that family child care owners and staff; adults (18+ years old) living in the family child care home; and anyone else that may care for, supervise, or have unsupervised access to children in a licensed child care program complete comprehensive background checks. Comprehensive background checks include federal, in-state and out-of-state checks for any state where the individual has lived in the past five years. The following checks are conducted:

- National FBI criminal history check (with fingerprints)
- National sex offender registry check
- In-state criminal history check (with fingerprints)
- In-state sex offender registry check

- In-state child abuse and neglect registry check
- Out-of-state criminal history, sex offender and child abuse and neglect registry checks for every state where the individual has lived in the past five years

Some states may also require additional checks for juveniles living in the family child care home or comprehensive checks for frequent visitors. Ask your local CCR&R or licensing office who must receive a background check and what is required for each.

Disqualifying Crimes

There are a number of disqualifying crimes that would prohibit an individual from opening or working in a family child care home. Your CCR&R agency or child care licensing office can help you learn what offenses may keep someone from being able to work in child care.

Request a Background Check

The process to request a background check varies depending on your state or local area. You may be able to choose between mail-in and online processes, and there may be a fee for part or all of the process. Use the following resource as you talk with your local CCR&R agency to learn the steps you will need to take to complete the background check process.





RESOURCE 3: Licensing and Background Checks

Use this checklist to ask questions of your local Child Care Resource and Referral agency (CCR&R) or your state licensing consultant to help you think through the steps you will need to take to become a licensed family child care provider and to obtain a background check.

Question	Response	Comment
Do I need to have a license to open a family child care home, or am I voluntarily choosing to become licensed?	Required Voluntary	
What kind of license(s) will I need?	State child care license County or city child care license Business license Food service permit Other	
Do I need a degree or special certification to operate a family child care home in my state?	Yes No	
Is there a fee to get licensed, and if so, how much?	Yes No If yes: \$	
How many children can my program care for at one time?	Maximum group size:	
Is there a maximum number of each age group that can be enrolled?	Infants: Toddlers: Preschool: Pre-K: School-age:	
Does my program have to be inspected before we can receive a license? Who conducts the initial inspection(s)?	Yes No	
How frequently do inspections occur after we become licensed?	Frequency:	
Do I need to get a background check?	Yes No	
How much does it cost?	Cost: \$	
How often will I need to do a background check?	Frequency:	



RESOURCE 3: Licensing and Background Checks

Question	Response	Comment
If I employ staff, will they need to get a background check?	Yes No	
Will volunteers in my program need a background check?	Yes No	
Will other people living in my home need to do a background check?	Yes No	
How often will staff, volunteers, or people in my home need a background check?	Frequency:	
What is the process to request a background check for myself, my staff, volunteers or others in my home?	Steps to obtain background checks:	
What type of training do I need to open a family child care home? What costs are associated with the trainings? Who offers the trainings?	Infant-Child CPR Cost: \$ First Aid Treatment Cost: \$ Contact: Health and Safety Cost: \$ Contact: Food and Nutrition Cost: \$ Contact: Other: Cost: \$ Cost: \$ Contact:	
Is there an annual requirement for training hours that I will need to meet? What topics or trainings must be covered?	Annual training requirements: Number of hours: Specific topics:	
If I employ staff, what ongoing training requirements will they need to meet?	Annual training requirements: Number of hours: Specific topics:	



RESOURCE 3: Licensing and Background Checks

Question	Response	Comment
What proof of insurance do I need to submit during the licensing process?	Fire insurance Liability insurance Other:	
What type of equipment and supplies do I need?	Equipment:	
	Supplies:	





Legal, Tax and Insurance Considerations

Choose a Legal Structure

Here are some ways in which you can structure your child care business:

- Sole proprietorship: You own an unincorporated business by yourself.
- Partnership: Two or more persons or companies join to own a child care business. You divide your profits and losses among partners.
- Limited Liability Company (LLC): This is a business structure that combines features of both a corporation and a partnership or sole proprietorship model. It protects your personal assets so that you are not personally liable for the company's debts or liabilities.
- Tax-exempt organization: As a taxexempt organization, any money after expenses is returned to the operation of the program. To claim this status, you must meet Internal Revenue Service (IRS) eligibility requirements.
- Incorporation: Your business is set up so shareholders exchange money, property or both for the corporation's capital stock. This structure protects your personal assets.

Your local Child Care Resource and Referral agency (CCR&R) may have trainings or information to help you with these business decisions, or you may need to consult legal advice to decide how to set up your business.

Register Your Business

Depending on your location and how your business is structured, you may need to register it with the proper local or state authorities. Once you have selected a business name, learn more about how and where to register your business here: <u>https://www.sba.gov/business-guide/launch-your-business/register-your-business</u>

Obtain an Employer Identification Number (EIN)

After you have registered your business, you may apply for an Employer Identification Number (EIN). An EIN may also be called a Federal Tax Identification Number. An EIN is used to identify a business entity, and most businesses will need one. You may apply for your EIN online for free through the Internal Revenue Service (IRS) website, and after you apply you may receive your number immediately. Find information about which businesses need an EIN and how to apply online at <u>https://www.irs.gov/businesses/small-businesses-self-employed/employer-id-numbers</u>.

It is possible that you will also need a state EIN. Check with your state's Department of Revenue or Tax Services to learn whether that will be necessary and how to apply.



Business Taxes

As a small business, you will need to file business income tax information with local, state and federal agencies unless your business is tax-exempt. Taxes should be a part of any budget for a child care business. The main types of federal business taxes that you may need to pay include income, estimated, selfemployment, employment and excise taxes. For state taxes, the two main types of taxes to plan for are income tax and employment tax. Learn more about different types of business taxes at the federal and state levels here: <u>https://www.sba.gov/ business-guide/manage-your-business/pay-taxes</u>

Family child care providers can often take advantage of tax and employment benefits such as:

- Home office (the use of your home for your child care business) tax deductions to offset expenses – deductible expenses include portions of property taxes, mortgage interest, rent, utilities, insurance and repairs
- Direct expenses, such as food, toys, equipment and insurance that may be up to 100% tax deductible
- Deductible employee expenses such as salaries, benefits and insurance plans

You may want to consult with a tax professional, such as an accountant or a lawyer that specializes in business practices, to help you determine your tax obligations, deductible expenses and how to factor taxes into your budget.

Insurance Considerations

Insurance protects you when emergencies or disasters occur. Your state may require licensed child care programs to have specific insurance coverage, like liability or fire insurance. There are a variety of insurance types that you will want to investigate, even if they are not required for your child care license.

If you use your own home as the site of your business, you may already have some form of homeowners insurance that can cover your property and possessions in case of theft or damage and offer some liability coverage in case of accidents. However, homeowners insurance policies may refuse or restrict coverage for items and areas related to your business. It is important to







inform your insurance agent that you will be operating a family child care home and how many children will be in your care. Then ask questions about what is and is not covered.

If your homeowners insurance policy does not include coverage for accidents or emergencies related to business items and areas, you can purchase business property insurance, also called commercial property insurance. There are individual business property insurance policies, or you may secure property coverage and more through a business owner's policy. Business owner's policies are a combination of commercial property and general liability insurance, and buying the package is often less expensive than buying separate policies.

- Commercial property coverage insures your building and equipment. Fire coverage is typically included in this type of coverage.
- General liability insurance covers bodily injury or property damage that occurs during the course or because of your business. It is important to verify that it covers medical expenses for children injured in your care and

coverage of lawsuit expenses.

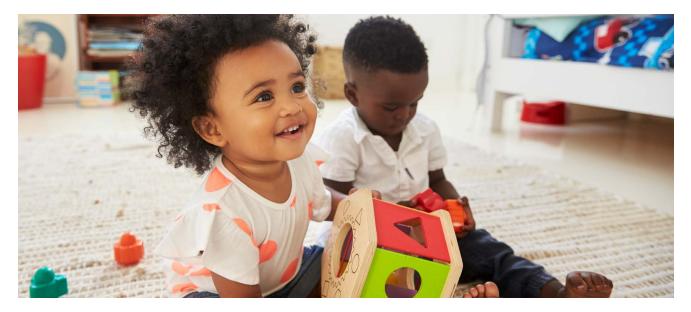
• Business income and extra expense coverage is something you may want to consider adding if it is not already included. It covers loss of income (employee payroll) and expenses if you must temporarily close due to an emergency.

Professional liability insurance, also known as errors and omissions insurance, insures you (and staff you may employ) for losses due to negligence, misrepresentation of services, or inadequate service while operating your business.

If your general or professional liability insurance policies do not include coverage for physical and sexual abuse and molestation, talk to your insurance agent about adding this coverage through an endorsement. Abuse and molestation coverage is important for businesses that work with children, and it insures you for loss if one of your employees or others with access to children in your program abuses a child in your care.

19





If your program provides transportation, you may need commercial automobile insurance, depending on your business structure and the vehicle(s) used. Different factors affect whether your personal auto insurance will cover accident claims against your business if your personal vehicle is used, so be sure to ask your insurance agent. If you have employees, you will also want to ensure that your automobile insurance (whether personal or commercial) covers drivers other than the policyholder.

If you have employees, you may be required to have worker's compensation insurance in place the day your first employee is hired. This insurance pays benefits when an employee is injured while working.

An insurance agent can discuss these options with you in greater detail, and you can read more about insurance considerations for family child care <u>here</u>.

Risk Management

Opening a child care business comes with risk. It is impossible to eliminate all risk, but you can take steps to manage and reduce it as much as possible. Limiting risk begins with ensuring that you are following all state and local licensing requirements, developing handbooks that clearly communicate policies and expectations to families and staff (if you have employees), and obtaining the proper insurance coverage.

Risk management also means thinking about situations within your business that could lead to injury, suffering or major expenses and then putting practices in place that will minimize the chances that those situations will occur. This is an ongoing process; you will need to go through an assessment and planning process, and you will need to continue to evaluate your risks and risk management practices over time.

Some areas of risk to consider include physical injury, illness, mental health, and disasters and emergencies.



Some areas of risk to consider include:

- Physical injury:
 - Areas where staff, children, or families could slip, trip or fall
 - Objects that could cause injury when lifting, bending or squatting
 - Equipment that could cause injury if combustion or malfunction occurs
 - Chemicals or hazardous substances that pose a risk of poisoning or fire
 - Animals or insects that could injure or cause an allergic reaction
 - Child abuse
 - Vehicle accidents, if your center offers transportation
 - Other areas where physical harm could occur

- Illness:
 - Transmission of viruses and bacteria
 - Food-borne illness
 - Presence of mold or mildew
- Mental health:
 - Bullying, harassment or discrimination
- Disasters and emergencies:
 - Natural disasters
 - Fires
 - Active shooter situations
 - Lost child
 - Pandemics
 - Other disasters or emergencies that could occur in your area

Create a list of any potential hazards. You can find information on evaluating risk in your physical space in the *Finding a Location* section. However, be sure that your list covers potential risks from all of the categories listed above. Your list of potential risks will inform your risk management plan.

A risk management plan should include steps that will be taken on a daily basis to evaluate and minimize risks. Specify who will be responsible for each step and how you will ensure the plan is being followed. Your plan can include procedures to address potential risks for staff and families. Additionally, some of the steps you will need to take will already be covered by licensing requirements, such as proper background screening of staff, staff training in certain health and safety topics and creating an emergency preparedness plan.

In addition to securing the proper insurance and implementing a risk management plan, you should think about how you will access legal aid if you need it. When you purchase business liability insurance for your center, find out if your policy can hire a lawyer for you at no cost to defend your business in an injury claim, licensing action or other



lawsuit. Low-income Americans may be eligible for free legal aid through the Legal Services Corporation (<u>https://www.lsc.gov/what-legal-aid/find-legal-aid</u>), or you can research legal services in your area to find a lawyer who you can call if legal issues arise.

Federal and State Employment Laws

Any child care business that has hired staff must follow federal, state and local employment laws. Some of the areas covered by employment laws are listed below.

- **Discrimination:** It is illegal to treat an employee, child, or family differently or unfairly due to race, color, religion, national origin, sex, age, or disability.
- Minimum wage: This is the minimum amount you can legally pay an employee per hour. There is a federal minimum wage (\$7.25 an hour, as of Spring 2021), but it may be higher in some states, cities or counties.
- Overtime compensation: The federal Fair Labor Standards Act requires all non-exempt employees to be paid one and a half times their normal hourly rate for any time worked over 40 hours in a work week. For more information visit <u>https://www.dol.gov/</u> <u>agencies/whd/flsa</u>.

- **Training:** In most situations it is required to pay employees for training hours. If you have questions about this, contact your state's Department of Labor for additional information.
- Breaks: Your state's employment law may or may not require paid breaks. However, the federal Fair Labor Standards Act states that if any work is expected of an employee during their break, whether it is active or inactive, it must be counted as paid working time.
- Family Medical Leave Act (FMLA): FMLA allows eligible employees to take unpaid leave for certain family or medical reasons without losing their job. To learn more, visit <u>https:// www.dol.gov/sites/dolgov/files/WHD/</u> <u>legacy/files/employerguide.pdf</u>.





You can find detailed information on the federal Fair Labor Standards Act and the state labor laws using the links below:

- Federal Fair Labor Standards Act: <u>https://</u> www.dol.gov/agencies/ whd/fact-sheets/46-flsadaycare
- State Labor Laws: <u>https://</u> <u>www.dol.gov/agencies/</u> <u>whd/state</u>

Cities and counties may also have laws in addition to those at the state and federal level. It is important to check with your local CCR&R to learn about local requirements.

You may be legally required to post specific labor notices in a visible area for employees. Learn more about workplace poster compliance here: https://www.dol. gov/general/topics/posters. You may be able to obtain free posters from the federal Department of Labor and from your state's Department of Labor, or you may choose to purchase a subscription for poster updates from one of many businesses that offer this service. This meets the legal requirement to post state and federal information and helps employers stay informed.





RESOURCE 4: Legal and Insurance Considerations

Starting a business will require you to think about legal and insurance issues to make sure you are covered in case of an accident or injury. You will also want to take steps to reduce risk in your business and ensure that you are following all labor laws if you hire and manage employees.

The questions below and your local Child Care Resource and Referral agency (CCR&R) will help you think through some of these considerations. You may also want to consult a lawyer and a tax professional before you start your child care business.

Legal Considerations

	Yes	No	Comments
Have you consulted a lawyer to help set up the legal structure and other areas of your business?			
Have you decided whether to operate as a non-profit or a for-profit?			
Have you decided on a business structure? Sole proprietorship (self-employed) Partnership Limited Liability Company (LLC) Corporation			
Have you created a business name?			
Have you registered the business name with your state/county/city?			
Have you obtained a business license, if required?			
Have you applied for and obtained a federal Employer Identification Number (EIN)?			
Have you applied for and obtained a state Employer Identification Number (EIN), if required?			
Have you consulted with a tax professional to help you determine your business tax responsibilities?			



Insurance Considerations

	Yes	No	Comments
Have you talked to your local Child Care Resource & Referral agency or child care licensing office to understand what insurance coverage you are required to have?			
If using your own home for your business, have you talked to your homeowners insurance company to determine if your policy will cover any property or equipment (such as your home itself, your furniture that is used in child care areas, etc.) that may be related to your business, whether damage occurs during or outside of child care hours?			
Have you obtained at least two quotes from insurance agents that represent different insurance companies (for comparison)?			
Have you purchased a business owner's insurance policy, which should include general liability and commercial property insurance?			
Have you purchased professional liability insurance, and does this insurance cover you if one of your employees or others with access to the children in your program abuses a child in your care?			
If you are providing transportation and using your own vehicle, have you talked to your auto insurance company to determine if you will need additional commercial automobile coverage?			
If so, or if you have a vehicle especially for your business use, have you purchased commercial automobile coverage?			
If you will have employees, have you purchased worker's compensation insurance?			



Risk Management

	Yes	No	Comments
Have you evaluated all areas of your center (indoors and outdoors) for potential hazards and the risks associated with those hazards?			
 Physical injury of self, staff, children, families Illness Mental health of self, staff, children Disasters and emergencies 			
If you have not yet chosen a location, see the <u>Finding</u> <u>a Location</u> section for more on evaluating risks in the physical space.			
Have you created a plan for how you will minimize risk in all areas where it was identified?			
Does the risk management plan specify which tasks will be assigned to family members or employees (if you have them)?			
Does the plan include how you will ensure that everyone knows their role in reducing risk?			
Do you have a back-up plan in case you or others are unable to perform their risk management responsibilities?			
Does your plan include how you will determine that the risk management steps are being followed and whether changes are needed?			
Does your plan include the frequency that you will revisit the plan to determine if you need to make changes?			



Federal and State Employment Laws

(If hiring staff, review and respond to the following questions.)

	Yes	No	Comments
Have you reviewed the Federal Fair Labor Standards Act?			
<u>https://www.dol.gov/agencies/whd/fact-sheets/46-</u> flsa-daycare			
Have you reviewed your state's labor laws?			
https://www.dol.gov/agencies/whd/state			
Have you consulted your CCR&R or a lawyer if you have questions about federal and state labor laws?			
Have you checked with your local CCR&R to determine if there are additional local labor laws that you need to be aware of?			
Do you know whether you are required to post notices of certain labor laws in a visible location for your employees?			
Do you know where to obtain the required posters, if needed?			



ACTION STEPS

Now that you know the basics, it is time for action! The next few sections will go over the different steps you will need to take to prepare to open your family child care home.





Prepare a Budget

Preparing a budget gives you an idea of whether your projected income will cover your expected expenses. You will need to think about how many children you plan to serve, as well as:

- tuition fees
- staffing costs, if you plan to hire employees
- start-up costs such as application/ licensing fees, equipment, materials, marketing, food, cleaning products and insurance
- other items or services you may need to purchase before your child care opens

If you will hire staff, one of your major expenses will be payroll and employee benefits. You will need to pay your employees at least the minimum wage in your state. However, you should plan to budget for a competitive hourly rate for your employees in order to recruit and retain staff with education and experience in the child care field. For more information on competitive pay rates for your area, reach out to your local Child Care Resource and Referral agency (CCR&R).

The Provider Cost of Quality Calculator (PCQC) can help you estimate the annual cost and revenue of a family child care home at different levels of quality. Visit <u>https://www. ecequalitycalculator.com/Login.aspx</u>. You may also use the following budget worksheet to help you think through how much cash you expect to come into your business (revenue and support) compared to how much cash you expect to spend (expenses).





Explore Funding and Financing Opportunities

Use the resources below to learn about funding sources and financing that may be available for child care:

- The Child and Adult Care Food Program (CACFP) is a food reimbursement program that allows qualified child care providers to be reimbursed for a portion of their child care food costs. Learn more about CACFP at <u>https://www.fns.usda.gov/cacfp</u>.
- The Child Care and Development Fund (CCDF) is a federally funded grant to states that supports child care subsidies. State subsidy programs vary by name, application process and eligibility. There are health and safety requirements that participating child care programs must meet. Ask your local CCR&R how you can apply to receive subsidy payments for eligible families.
- The U.S. Small Business Administration (SBA) offers information on loans, grants and other financing opportunities for small businesses at <u>https://www.sba.gov/</u> <u>funding-programs</u>.

Most banks and some credit unions offer loans that can be used to purchase property and/or cover business start-up costs, equipment, and supplies. To apply for a loan, you must have a written business plan prepared. The U.S. Small Business Administration (SBA) offers business plan templates and information at <u>https://www. sba.gov/business-guide/plan-your-business/writeyour-business-plan</u>. You can also ask your local CCR&R for assistance in developing a family child care business plan.

Be sure to check with your local CCR&R for ideas on other possible funding and financing opportunities to open or sustain your business.



30



RESOURCE 5: Budget Tool

Find an interactive budgeting tool such as a budget builder for next year <u>here</u>.

Business Name:		_Current Year:					
Revenue and Support (list annual total for each line)							
Revenue	Child Care Fees:						
	Parents Pay (Tuition)	\$					
	Child Care Assistance Program	\$					
	Food Subsidy Program	\$					
	Registration Fees	\$					
	Activity Fees	\$					
Support	Foundation and Corporate Grants	\$					
	United Way	\$					
	Contributions and Donations	\$					
Other	Events and Fundraising	\$					
	Interest	\$					
	All Other	\$					
	TOTAL INCOME:	\$					

Expenses (list annual total for each line)

Personnel	Payroll	\$
	Payroll Taxes	\$
	Health Benefits	\$
	Other Benefits	\$
	SUBTOTAL PERSONNEL:	\$
All Other Expenses	Food	\$
	Transportation	\$
	Child Care Supplies	\$
	Office Supplies	\$
	Utilities	\$
	Marketing and Promotions	\$
	Insurance: Business/Liability/Real Estate	\$
	Accounting/Legal	\$
	Repairs/Maintenance	\$
	Printing	\$
	Postage	\$
	Rent or Mortgage Interest	\$
	Dues and Subscriptions	\$
	Training/Education – Staff	\$
	Taxes/Licenses	\$
	Depreciation	\$
	Miscellaneous	\$
	TOTAL EXPENSES:	\$
	NET SURPLUS/DEFICIT:	\$



Find a Location

You may be planning to use your own home for your family child care business, or you may still be searching for the right place. Either way, make sure that you have completed a community needs assessment (see <u>page 8</u>) to confirm that there is a need for child care in the area you are considering.

There may also be zoning laws or restrictive covenants that you will need to investigate to ensure that you are able to open a business in a certain location. Learn more below, and check with your local Child Care Resource and Referral agency (CCR&R) to learn about the specific requirements in your area before you determine a location for your family child care home.



Zoning Laws

Zoning laws may limit small businesses in your community. Zoning ordinances can set restrictions and charge fees for permits for the businesses that they do allow. Local governments pass zoning laws to make sure businesses fit in with the community. They are used to keep most business activities out of residential areas. These laws may affect where you can open your family child care home.

If zoning laws do not allow businesses where you plan to open your family child care home, you cannot open a business unless you get an exception. This is true even if your program meets all state or local licensing requirements.

Check with the office that regulates zoning in your city or county (often this will be called the Planning office, the Zoning office, or Development Services) to get information about zoning regulations, or call your local CCR&R for assistance in finding this information.



Restrictive Covenants and Homeowner Association Regulations

Housing developers can include restrictive covenants in deeds and Homeowner Association (HOA) agreements. These restrictive covenants may limit business activity in the community. The HOA will have information on any restrictions. If you rent your property, you will need to check with the property owner or the community's HOA about any rules.

If covenants do not allow businesses, you cannot open a business unless you get an exception. This is true even if a child care program meets all state or local licensing requirements.

Evaluate the Space

Once you have found a potential location, you need to evaluate the space and surrounding area to make sure it is suitable for child care. Even if you plan to use your own home, you will need to meet your state or local area's licensing requirements and health and safety standards. Check with your local Child Care Resource & Referral agency (CCR&R) and your licensing office to ensure that the space you have in mind will meet licensing requirements as well as the needs of your business.

Think about risk management in the physical space. Plan to do a walk-through with staff members (if you have employees) or other adults, considering each area from the point of view of adults and from the height and level of children. Make a note of any hazards or potential hazards that you can think of, both indoors and out. Look for places where staff, families, or children could possibly suffer an injury or become trapped. Check for openings or blind spots that could lead to a child being left unattended. Think about situations that could allow a child to gain access to hazardous materials or objects. Your inspection and evaluation must include general care areas, hallways, bathrooms, storage closets, eating areas, outdoor play spaces, sidewalks, parking areas, and any other places that staff, children, or families could access. Plan for how to consistently minimize the risks noted. You should do this initially and again once all areas and equipment are set up for daily operations.



RESOURCE 6: Finding a Location

You may already be planning to open your business in your own home. However, if you are considering purchasing or renting a space for your child care program, think about opening your business in an area where families live or along their route to work. You may also want to contact a local realtor who can help you locate properties that would be suitable for a family child care home.

1		pleted the needs assessment and identified the best location for my child ess based on the most recent data available to me.
	Yes	No
2		with my state or local licensing office and asked about any building or requirements for family child care homes.
	Yes	No
3	l checked l	ocal zoning laws to make sure I can open a business in this area.
	Yes	No
4		neighborhood covenants and Homeowner Association (HOA) covenants to make open a business in this area.
	Yes	No
5		with my local Child Care Resource and Referral agency to see if I need a business operate a family child care home in my area.
	Yes	No

If I am renting a space, I checked the lease agreement to make sure that I can operate a child care business in the rental property.

Yes No

If you have not checked "yes" to the questions above, please take the time to find out the state or local licensing requirements for family child care, zoning laws and restrictive covenants before you go any further.



RESOURCE 7: Evaluate Your Space

The following questions can be used as a guide as you consider spaces for your family child care home. This is NOT a licensing compliance checklist. Check with your licensing office and your local Child Care Resource and Referral agency (CCR&R) regarding specific requirements that you will need to follow.

Structural Questions	Yes	No
Have you reviewed your state or local licensing regulations regarding structural requirements for a family child care home?		
Have you checked your state or local licensing regulations to ensure you can legally operate a child care program on the floor of the building you wish to operate? (Some areas have restrictions on whether the child care can be located on an upper or lower level of a building.)		
Are there at least two exits on your ground floor that lead to the outside?		
Are locks on bathroom or bedroom doors inaccessible to children? Can you open the lock quickly from the outside?		
Is there a bathroom located on the floor where you will care for the children?		
If you have a working fireplace or wood stove, is it safely screened and out of children's reach?		



RESOURCE 7: Evaluate Your Space

Physical Space	Yes	No
Have you reviewed your state or local licensing regulations to learn about the indoor and outdoor space requirements for family child care homes?		
Have you reviewed state or local child care licensing requirements to learn how many square feet are required per child indoors and outdoors? Does your space meet these requirements?		
Is there enough space for each child to move freely? A minimum recommendation is 35 square feet of usable space per child.		
Will you have a separate space (not shared) for each child's personal belongings?		
Will you have a space that you can designate for children who become ill and need to be isolated until they can be picked up by a parent or guardian?		
Can you maintain adequate air flow and a comfortable room temperature in all weather conditions?		
Are you able to keep your hot water heater at no more than 120 degrees Fahrenheit so that children are safe from being scalded with hot water?		
Is the layout arranged so that you (or other caregivers) can view all areas at all times?		
Will you have places for children to play, rest and eat?		
Is there room for storage of cleaning supplies, staff belongings and additional items where they are not accessible to children?		
Do you have a safe outdoor play space in your yard, or is there a playground nearby that you will be allowed to use? Check with your state or local licensing agency to determine what constitutes an outdoor play area for family child care.		
Is the surface under outdoor play equipment soft and free of hazards to prevent injury?		
Is there a fence or natural barrier around your outdoor play space?		
If you have a swimming pool, is there a locked fence around it that meets the height required by your state or local area?		
Have you checked the area surrounding your family child care home for potential water safety hazards (lakes, ponds, creeks, fountains, etc.) and consulted your state or local licensing agency regarding safety protocols?		



RESOURCE 7: Evaluate Your Space

Health and Safety	Yes	No
If you rent or purchase an older building (built before 1975), has it been tested for lead, asbestos or other toxic materials? (Your local health department or child care licensing office can refer you to experts who can take samples of paint and other materials for testing.)		
Have air quality or pollution issues in and around the family child care been addressed?		
Have you been in contact with your local fire station or other state fire officials to learn about local fire safety rules (<u>https://www.nfpa.org/codes-and-standards/all-codes-and-standards/list-of-codes-and-standards/detail?code=101</u>)?		
Have you reviewed the Americans with Disabilities Act to make sure you understand how to plan an accessible design (<u>https://www.ada.gov/childqanda.htm</u>)?		

Risk Management	Yes	No
Have you done a walk-through of the indoor space to note any potential risks and hazards?		
Have you evaluated the outdoor spaces (include areas for parking and drop-off, play, transitions, etc.) to note any potential risks and hazards?		
Can you make a plan to adequately and consistently minimize the risks presented by the space you are considering?		



Develop Policies and Procedures

It is important to outline policies and procedures for operating your child care business for your employees (if you hire staff) and families. These will include important topics that can help your business run smoothly. Your policies and procedures should reflect the Code of Ethical Conduct for the early childhood field: <u>https://www.naeyc.</u> <u>org/resources/position-statements/ethicalconduct</u>

Staff/Team Handbook

If you plan to hire employees, your staff handbook will outline the expectations you have for them. If you want your staff handbook to be a binding agreement between you and your employee(s), make sure you review it with each staff member. Consider having them sign a document stating they read and understand the contents. The following topics are often included in staff handbooks:

- Mission and philosophy of your program
- Benefits and pay scale
- Job descriptions, evaluation procedures, hiring and termination policies
- Information on child abuse prevention, identification and reporting
- Child behavior and guidance policies
- Health and safety procedures
- Family communication and engagement
- Professional development requirements
- Sick leave policy and/or absences due to illness





Family Handbook

The family handbook outlines your program's policies and procedures and includes other important information for families. Your state or local area may require you to have certain written policies available to families. Whether or not it is required, it is strongly encouraged to provide a family handbook to help families learn about your program and shape their expectations. Encourage families to read the handbook and ask questions. Family handbooks often include the following topics:

- Mission and philosophy of your program
- Description of your program, including your operating hours and the ages of children you serve
- Information on whether your program is part of your state's Quality Rating and Improvement System or nationally accredited
- Information on when payment is due and a policy regarding late payments
- Description of the curriculum and daily schedule for children
- Description of family engagement activities

- Required forms for families to complete such as the registration form, health forms, medication administration forms, emergency contact information and field trip permission forms
- Information on policies regarding communication with families, guidance and discipline, drop-off and pick-up procedures, emergency closings, fee and payment arrangements, food and nutrition, program closings, health policies (including when a child is required to be excluded from care due to illness), and transportation policies
- Description of your disaster and emergency plans





Emergency Preparedness Plan

One of the most important policies and procedures you will establish is your written emergency preparedness plan. This plan should help you prepare for any type of disaster or emergency that could happen in your area. This includes weather-related disasters like earthquakes, hurricanes, tornadoes and blizzards; man-made disasters like active shooter situations and threats/acts of terrorism; and environmental emergencies such as a pandemic or unsafe levels of mold or radiation in the family child care home.

Make sure that your emergency preparedness plan includes:

- types and frequency of drills you will conduct in order to practice for emergency situations
- location and contents of emergency kits that you will have available (as well as a plan for checking and restocking them regularly)
- evacuation plans and procedures (including how you will contact families in the event of an evacuation)
- how you will care for children for an extended period of time in the event of a shelter-in-place or evacuation scenario
- information and resources about how to recover and support your staff and the children in your program following an emergency

Many states have specific templates or forms that child care programs must use to create their emergency plan. Your local Child Care Resource and Referral agency (CCR&R) or your child care licensing office can direct you to the correct template or form, if your state offers one.

If your state does not have a specific form or template to use, Child Care Aware[®] of America's Emergency Preparedness and Response website shares emergency planning resources from a variety of sources. Available resources include webinar recordings, training courses, templates, manuals and more. Visit <u>https://childcareprepare.org</u> to find helpful resources on creating a thorough and effective emergency plan.

Recruit and Hire Staff

Whether or not you will need to hire staff for your family child care home depends on a variety of factors, including the size of your child care space, the number of children you plan to enroll, and the time and skills you have available for running a business. You may need to hire one or more assistant caregivers or a director. If so, keep in mind that your state may have minimum education and experience qualifications that caregiving staff may need to meet in order to work in a family child care home. You may also need to contract with other staff who can perform non-caregiving duties, such as transportation, maintenance, cleaning, accounting or other tasks.



Determine Staff Positions Needed

When determining whether you will need to hire additional caregivers for your family child care home, consider the ages and number of children you would like to enroll, the schedule of care you would like to offer, the number of usable square feet in your program (this will also affect how many children you can care for), and your state or local area's requirements for group size and staff to child ratio. Group size is the maximum number of children you may have in your group, while staff to child ratio is the number of caregivers needed for a specific number of children. Your state or local licensing regulations will tell you the maximum group size and ratios that your program must follow.

Keep in mind that you may have a maximum number of children allowed in your program, but you may also choose to keep group sizes smaller in order to help you provide responsive and nurturing care.

The following are recommendations* for group sizes in a family child care with <u>only one</u> <u>caregiver</u>:

- No more than two children under the age of two present at one time.
- If there are two children under two years old present, no other children are enrolled.
- If there is one child under the age of two present, there may be up to three children ages two and older enrolled.
- If there are no children under the age of two present, there may be up to six children ages two and older enrolled.

*Based on the recommendations from the American Academy of Pediatrics, American Public Health Association, National Resource Center for Health and Safety in Child Care and Early Education. CFOC Standards Online Database. Aurora, CO; National Resource Center for Health and Safety in Child Care and Early Education; 2020. https://nrckids.org/CFOC/database.

Your state requirements may allow for larger group sizes than what is listed above. Check with your local Child Care Resource & Referral agency (CCR&R) to learn more about specific ratio and group size requirements in your area.

If you will need or want to hire additional caregivers, you should develop staffing patterns that meet licensing requirements to ensure that you always have enough staff on site. You may not need all caregivers on site during opening and closing hours, and you may need additional staff to provide support during meals and other breaks for staff. Ask your CCR&R what the requirements are in terms of how many staff are required on site at any time, and ensure that your staffing plan meets or exceeds those requirements.

Even if you are not planning to hire staff for your family child care business, there may be times when you are unable to provide care for children if you are ill, have a family emergency or are on vacation. You will need a qualified substitute to come to your program or a qualified back-up child care program where families can take their children.



In addition to caregiver positions, you may need to hire or contract staff for other dayto-day tasks. For example, determine if you will need a cook, a driver, a custodian or someone to handle maintenance duties for your program. Think about how many hours a week each job would require.

Depending on your skill set, you may also need to hire or contract with a person or people with expertise necessary to run your business. This may include an accountant, a lawyer, a graphic designer or other professionals. Think through all these things and determine if you would need someone to perform full-time, part-time or contractual work.

Decide on Position Qualifications

Check with your local CCR&R to ensure that you know the minimum qualifications for child care staff in your area if you plan to hire staff. Generally, these requirements may include:

- Minimum age, usually 18 years
- High school diploma or equivalent
- Initial and ongoing training

Your state may also require child care staff to be certified in infant/child CPR and first aid. You may consider including this in your job descriptions or you may ensure that applicants are willing to become certified before beginning work.

Once you know the minimum qualifications required for caregivers in your area, decide if you would like your staff to have any other qualifications above and beyond the requirements. Determine if you would like your staff to have a minimum number of years of experience caring for children, speak a certain language or possess other specific skills necessary to carry out their responsibilities at your program. See <u>Staff Training Options and Opportunities</u> for more information about what you may choose to require in terms of education, training and credentials.

Develop Position Roles and Responsibilities

Think through what each position should entail. Develop position descriptions that include qualifications, roles and responsibilities. This will be helpful in recruiting, as you can post the job description information on job websites for applicants to respond, as well as sharing expectations for what a position will involve once a hire is made.





Staff Training Options and Opportunities

You may want your staff to have or earn additional qualifications in order to work with children. Child Care Aware® of America recommends all child care staff have at least 40 hours of initial training, including CPR, first aid and other basic safety and health training, and training on child development, as well as 24 hours of annual training. You may want to look at training sessions available through your local CCR&R and local colleges/universities if you or your staff are interested in or need to earn additional training hours.

You may also want to think about requiring staff to have a degree or credential in the early childhood field. One option is the Child Development Associate (CDA) credential. The CDA is a nationally accepted early childhood credential awarded by the Council for Professional Recognition (<u>https://www.cdacouncil.</u> <u>org/credentials/apply-for-cda</u>). There are different options to earn a CDA credential, including taking classes with an instructor or online.

Understand Employment and Labor Laws

Business owners who employ staff are required to follow federal, state and local employment laws. Information on legal hiring practices and treatment of employees can be found under the <u>Legal</u>, <u>Tax and Insurance Considerations</u> section of this guide. If you will have employees, ensure that you understand and follow all federal, state, and local labor laws as you recruit and hire staff for your family child care home.





Market Your Program

Developing a marketing plan will help you think about why families should choose your program. A marketing plan also gives your program a sense of identity or brand. Use the steps below to create a marketing plan that works for your business.

Know Your Mission, Values and Program Philosophy

Think about what makes your program unique and how it can meet the needs of children and families. What benefits beyond the hours of operation and the ages of children you plan to serve will you offer to families? What does your program believe that makes it a great choice for children and families? Create a mission statement and program philosophy that reflect your program's values, priorities, and goals.

Understand the Child Care Market

Use your findings from the needs assessment to help you answer questions about the need for child care in your area, what age groups might need care, and where families live and work.

Know Your Community

It is important to know who else is providing child care services in your area. You may want to visit other child care programs to get a sense of what they offer to children and families.

Determine Your Audience

Think about what type of families you want to serve and who would benefit most from your program.

Develop Marketing Strategies

Think about where your audience is likely to look for information, and consider different strategies you can use to attract families to your program. You can create a logo, design a website, develop a social media presence and distribute flyers about your program. Have a sign created for the front of your child care business, and plan to reach out to businesses to get the word out about your program. Decide on the budget you may need for each strategy.

Set Objectives

You will need to be able to evaluate your plan to know what types of strategies work for you. Before putting a strategy into practice, decide what your goal is and when you will revisit the strategy to see if it is successful or should be adjusted.

Create a Communication Plan

Your marketing plan should highlight the unique aspects of your program and include your strategies to attract families to your program and your marketing budget. Be sure that your plan includes steps, budget line items and timelines for both the creation and distribution of your marketing materials.

It is helpful to market your program whether you are just opening or if you have been open for years. Contact your local Child Care Resource & Referral agency (CCR&R) for support with your marketing plan and reaching your target audience.



RESOURCE 8: Marketing Plan Template

Program Mission and Philosophy

Your mission defines what you do and sets the goals for your child care program. Your philosophy explains common beliefs, ideas and values that will allow you to reach your goals. Think about what makes your child care program unique from other programs in your community. Your program mission should be two to three sentences long and your philosophy can be longer (three or four principles), but it should remain simple. Write your program mission and philosophy.



Market Analysis

What are the demographics of the families in the area where you want to open your child care business? Is there a need for another child care program because of shifting demographics or new employers moving into the area? What are the child care needs in your area? Use information from the needs assessment (page 8) to help you complete this.

3

Community Child Care Analysis

What other child care programs are in the same area as your program? You may want to look at different types of programs, such as other licensed family child care homes, child care centers, community center programs and other types of child care in your community. When you have an idea of the different types of programs in your area, you may be better able to define your program's strengths and opportunities for growth.



45

RESOURCE 8: Marketing Plan Template

Determine Your Audience

4

5

6

What audiences do you want to reach? Is your child care business located near a major employer? What type of families do you want to attract to your program? Are you interested in serving dual language learners or children with special needs?

Develop Strategies

Do you have a logo to identify your program to prospective families? Do you have a website, and will you be able to keep it up to date? What strategies will you use to draw families to your program? Will you use social media or printed materials? What steps do you need to take and how much money will it cost to implement your strategies? Use the marketing strategies and budget (page 47) to help you think through these steps.

Set Objectives

How will you know if your marketing plan is successful? Set benchmarks for your marketing objectives so you know what types of marketing strategies work for you.



RESOURCE 9: Sample Marketing Strategies and Budget

The information below is designed to serve as an example of how you might complete this resource. Fill in your own strategies, people responsible, timeframes and budget according to your needs.

Marketing Strategy	Person Responsible	Start Date-End Date	Budget



TRAINING AND EDUCATION

As with in any industry, child care professionals need proper training in order to provide high quality services. Your state may have certain training requirements that you will need to meet before you obtain your license or before a caregiver begins working with children.



Required and Recommended Initial Training

Each state sets their own training requirements for child care providers. Generally, certain health and safety topics such as CPR, first aid and safe sleep may be required. Your state may also require you to complete a series of health and safety trainings before obtaining your license. Check with your local Child Care Resource and Referral agency (CCR&R) for a list of required initial training topics.

Whether or not it is required by your state, it is important for child care professionals to be trained in health and safety, emergency preparedness and response, child development, and early learning. When caregivers are knowledgeable about how children grow and learn, they are better able to provide nurturing and attentive care and a quality learning environment for children.

Ensure that your training plan also includes opportunities for you to learn business management skills and strategies. Important topics may include financial management and budgeting, recordkeeping, grant writing, child care business automation, developing thorough policies and procedures, and employee management and development (if needed), among others.



Ongoing Training

Ongoing training and professional development help reinforce best practices and help child care educators learn new information and skills. Similar to initial training, there may be requirements for annual training hours that you (and your employees, if you have them) must meet. You may also choose to ensure that you take specific trainings each year in order to stay up to date on the latest information and recommendations for child care. Your local CCR&R can share information about what trainings may be required and help you find training options that meet the requirements and needs of your program.

For both initial and ongoing trainings, required and recommended, you may have options for in-person or online opportunities. Some trainings may be more in-depth or offered over a period of time, and some may award certificates or a credential upon successful completion. Check to see if trainings offer continuing education units (CEUs) for a fee. This might help you (or your employees, if you have them) earn credits toward a college degree.

Education

For child care professionals, it can be helpful (and in some states required) to have a degree or credential in an early childhood-related field. Whether or not it is required, continuing your education can help you provide quality child care and is an important characteristic of high-quality programs. If you choose to have your program pursue national accreditation or participate in your state's Quality Rating and Improvement System (QRIS), you (and any caregiving staff you may employ) may need to have higher levels of education.

There are different ways you can continue your education in the early childhood field. Contact your local CCR&R to learn about programs in your area to earn your Child Development Associate (CDA) credential, associate degree, or bachelor's degree in early childhood education or child development. You can also check with local and online colleges and universities that offer degree programs in child-related fields.



RESOURCES

Child Care Aware® of America:

- CCR&R Finder: <u>https://www.</u> <u>childcareaware.org/resources/ccrr-</u> <u>search-form/</u>
- State by State Resource Map: <u>https://</u> www.childcareaware.org/resources/map/
- Emergency Preparedness and Response: <u>https://childcareprepare.org</u>
- Coronavirus Hub: <u>https://www.</u> childcareaware.org/coronavirus-hub/
- Budget Builder: <u>http://childcareaware.</u> org/wp-content/uploads/2018/10/Child-<u>Care-Budget-Worksheet.xlsx</u>

Additional resources, templates and information on operating a successful family child care home are available with a Child Care Aware[®] of America membership. For guidance on how to become a member, visit <u>https://www.</u> <u>childcareaware.org/about/membership/</u>.

Department of Labor:

- Wages and the Fair Labor Standards Act (FLSA): <u>https://www.dol.gov/agencies/</u> whd/flsa
- Daycare Centers and Preschools under the FLSA: <u>https://www.dol.gov/agencies/</u> whd/fact-sheets/46-flsa-daycare
- The Employer's Guide to the Family and Medical Leave Act: <u>https://www.dol.gov/</u> <u>sites/dolgov/files/WHD/legacy/files/</u> <u>employerguide.pdf</u>
- Find your state's labor laws: <u>https://www.</u> <u>dol.gov/agencies/whd/state</u>

Small Business Administration:

- Registering your business: <u>https://www.</u> <u>sba.gov/business-guide/launch-your-</u> <u>business/register-your-business</u>
- Business tax information: <u>https://www.sba.gov/business-guide/manage-your-business/pay-taxes</u>
- Funding programs: <u>https://www.sba.gov/</u> <u>funding-programs</u>
- Write your business plan: <u>https://www.sba.gov/business-guide/plan-your-business/write-your-business-plan</u>

Other resources:

- Provider Cost of Quality Calculator: <u>https://childcareta.acf.hhs.gov/pcqc</u>
- Employer Identification Number (EIN) information: <u>https://www.irs.gov/</u> <u>businesses/small-businesses-self-</u> <u>employed/employer-id-numbers</u>
- Find legal aid: <u>https://www.lsc.gov/what-legal-aid/find-legal-aid</u>
- Child and Adult Care Food Program: <u>https://www.fns.usda.gov/cacfp</u>
- Americans with Disabilities Act and Child Care FAQ: <u>https://www.ada.gov/</u> <u>childqanda.htm</u>
- NAEYC Code of Ethical Conduct: <u>https://</u> www.naeyc.org/resources/positionstatements/ethical-conduct
- Council for Professional Recognition CDA information: <u>https://www.cdacouncil.org/</u> <u>credentials/apply-for-cda</u>



