Vroom by Text FAQ

What is Vroom by Text?
• Brain-building tips, sent by text message (SMS) for parents and caregivers to use with kids age 0-5.
• Add more than one child to get just-right tips for each.
• Custom tips designed for ages 0-1, 1-2, 2-3, 3-4, and 4+.
• Each tip is delivered in a series of 3-4 texts. Respond using key words to keep the learning going!
• Vroom by Text are available in English and Spanish.

I am not a caregiver/parent, can I still sign up?
• Yes! You can get tips even if you do not have a child to register.

How do I get Vroom by Text?
• Text VROOM to 48258, or visit http://sms.vroom.org/vroomweb to sign-up.

Can I stop the text service?
• Yes, users can text STOP to 48258 to cancel at any time.

When are texts sent?
• Once a week for each child, with different delivery days depending on their age.
• Select morning (AM) or afternoon (PM) delivery to fit your busy day!

How are the Vroom App and Vroom by Text different?
• The Vroom App can access all 1000+ tips sortable by life skills, locations, and more!
• The Vroom App helps you stay on track with customized daily notifications.
• Built for busy lives, Vroom by Text is a flexible option for anyone. No computer, internet, or cellular data plan needed!

Can I add an additional child at a later time?
• At this point the best way to add an additional child later is to text STOP, and then begin registration flow again by texting VROOM to 48258, or visit http://sms.vroom.org/vroomweb to sign-up. You will be prompted to register all children.

What do I do if I experience technical issues with receiving tips?
• Having trouble? Text TALK to 48258 to get help.

Message and data rates may apply. See vroom.org/terms for terms and full privacy policy.