# Vroom by Text FAQ



# What is Vroom by Text?

- Brain-building tips, sent by text message (SMS) for parents and caregivers to use with kids age 0-5.
- Add more than one child to get just-right tips for each.
- Custom tips designed for ages 0-1, 1-2, 2-3, 3-4, and 4+.
- Each tip is delivered in a series of 3-4 texts. Respond using key words to keep the learning going!
- Vroom by Text are available in English and Spanish.

## I am not a caregiver/parent, can I still sign up?

• Yes! You can get tips even if you do not have a child to register.

## How do I get Vroom by Text?

• Text VROOM to 48258, or visit http://sms.vroom.org/vroomweb to sign-up.

# Can I stop the text service?

• Yes, users can text STOP to 48258 to cancel at any time.

## When are texts sent?

- Once a week for each child, with different delivery days depending on their age.
- Select morning (AM) or afternoon (PM) delivery to fit your busy day!

# How are the Vroom App and Vroom by Text different?

- The Vroom App can access all 1000+ tips sortable by life skills, locations, and more!
- The Vroom App helps you stay on track with customized daily notifications.
- Built for busy lives, Vroom by Text is a flexible option for anyone. No computer, internet, or cellular data plan needed!

#### Can I add an additional child at a later time?

• At this point the best way to add an additional child later is to text STOP, and then begin registration flow again by texting VROOM to 48258, or visit http://sms.vroom.org/vroomweb to sign-up. You will be prompted to register all children.

#### What do I do if I experience technical issues with receiving tips?

• Having trouble? Text TALK to 48258 to get help.

Message and data rates may apply. See vroom.org/terms for terms and full privacy policy.