



Family Child Care Checklist

General Questions

Question	Notes
Is the program licensed?	
Does the program provide safe and reliable transportation? If so, are drivers licensed and insured? Are children properly restrained in the appropriate car safety seat that is appropriate for their weight and age?	
Are there clear check-in and check-out procedures?	

Health and Nutrition Questions

Question	Notes
Does the provider have records proving that the other children enrolled are up to date on all of the required immunizations?	
Is handwashing a regular part of the program's practices for both the providers and children, especially before eating and after using the bathroom?	
Does the food meet nutritional standards?	
How does the program handle if a child has food allergies or dietary restrictions?	
Questions for Infants and Toddlers	
Is the place where diapers are changed clean?	
Do providers always keep a hand on the child while diapering?	
Do providers remove the soiled diaper without dirtying any surface not already in contact with stool or urine?	
Do providers clean and sanitize the surface after finishing the changing process? Hands should be scrubbed with soap and warm running water for at least 20 seconds and then rinsed and dried. The water faucet should be turned off with a paper towel.	
Are infants fed on demand?	
Is breastmilk stored appropriately?	
Is there a place where mothers can comfortably breastfeed their child?	
How are new foods introduced to toddlers?	

Safety and Supervision Questions

Question	Notes
Adult to Child Ratio and Group Size	
How many children are cared for by the family child care provider?	
How many caregivers are present?	
<p>Does the family child care provider follow best practices regarding ratio and group size? Or, does the provider follow the state licensing standards for ratio and group size?</p> <p>Best practice recommendations for a small family child care home (one caregiver present):</p> <ul style="list-style-type: none"> • The family child care home has no more than 2 children under the age of 2 present at one time. • If there are 2 children under 2 years old present, there are no more children enrolled. • If there is 1 child under the age of 2 present, there may be 1-3 children ages 2 and older enrolled. • If there are 0 children under the age of 2 present, there may be 1-6 children ages 2 and older enrolled. 	
Supervision of Children	
Are children supervised at all times, both indoors and outdoors, and even when they are sleeping?	
Have all providers undergone comprehensive background checks?	
Have the providers been trained on how to prevent, recognize, and report signs of child abuse?	
Questions for Infants and Toddlers: Safe Sleep Practices	
Are all infants put to sleep on their backs?	
Do the infant sleep spaces consist of a firm sleep surface, such as a mattress in a crib, covered by a fitted sheet with no other bedding?	
Are the infant sleep spaces kept free of soft objects, toys, crib bumpers, and loose bedding?	
Are all child care staff, volunteers, and substitutes trained on safe sleep practices to reduce the risk of Sudden Infant Death Syndrome (SIDS)?	
Do all infants have their own designated sleep space that is the same every day?	
During rest time, can staff see and hear infants and toddlers at all times?	
Do providers regularly check on infants and toddlers when they are sleeping?	

Are safe sleep infant practices posted in the infant sleeping area as a reminder to all staff, volunteers, and substitutes?	
If infants can roll over, is there a sign posted by their bed indicating that the child can roll?	
Safety	
Is the indoor and outdoor environment clear of safety hazards, such as cleaning supplies and tripping hazards?	
Has the home been inspected for radon, lead, and asbestos?	
Are toys clean, safe, and within reach of children?	
Questions for Infants and Toddlers	
Are providers trained in infant CPR and is their certification current?	
Are infants and toddlers within sight and sound at all times?	
Are outlets covered/protected?	
Emergency Plans and Drills	
Does the provider have a plan in place in case of a disaster, like a fire, tornado, flood, blizzard, earthquake or active shooter?	
Does the provider practice drills once every month?	
Does the provider have an emergency plan in case a child is injured, sick, or lost?	
Does the provider have information about who to contact in an emergency?	
First Aid and Medication	
Has the provider been trained on CPR and First Aid and are those certifications current?	
Does the provider have first aid kits?	
Are medications kept out of the reach of children?	
Are the providers trained and the medications labeled to make sure the right child receives the right amount of medication?	

Indoor Environment Questions

Question	Notes
Is there enough room in the environment for children and providers to move around?	
Are there different areas for resting, quiet play, and active play?	
Is the atmosphere pleasant?	
Is the environment reasonably clean?	
Are there enough toys and learning materials for the number of children?	
Do the classroom materials change based on what children are interested in?	
Does the provider use TV, computers, or other types of technology with the children? If so, how often are these materials used?	

Outdoor Environment Questions

Question	Notes
Is there a space for outdoor play?	
Is the outdoor play area fenced in?	
Is the outdoor play area regularly inspected?	
Is the outdoor area clean?	
Is the equipment the right size and type for the age of children who use it?	
Are children taken outside on a regular basis?	
Do providers actively supervise (play with) children outdoors?	

Caregiver-Child Interaction Questions

Question	Notes
Are children comforted when needed?	
Do providers and children enjoy being together?	
Are children warmly greeted when they arrive?	
Do providers talk to children and seem genuinely interested in what the children are doing?	
Do providers get down on children's level and speak with them?	
How do providers help children solve their own problems?	
How do providers react to children's behavior?	
How do providers encourage peer interactions?	

Program Structure Questions

Question	Notes
Is there a daily balance of play time, story time, activity time, and nap time?	
Do children play for a significant part of their day?	
Do children get to choose who they want to play with?	
Do providers play with children to help facilitate their learning?	

Parent Partnership Questions

Question	Notes
Do providers share and talk to parents about their child's daily activities, either at drop off or pick up?	
Does the program incorporate technology as a communication tool? If so, is information shared with parents on how to access it and how the information is kept secured?	
Are parents encouraged to visit at any time?	
Are there ways for parents to be involved in the program? How are parent ideas incorporated into the program?	
Are there regular opportunities (at least twice per year) where parents can meet with the providers and share their child's strengths and hear how their child is developing skills?	
How often do providers share observations and ongoing assessment information with parents?	
How do providers work with parents to incorporate the family's culture and values into the classroom?	

Staff Qualifications Questions

Question	Notes
Do the providers have a bachelor's degree in a child-related field?	
Have the providers worked in child care for at least one year?	
Do the providers plan lessons and experiences for the children that help them learn and grow?	
Do the providers understand what children need to learn and grow?	
Do the providers have additional staff that will be working with your child?	
Do the additional staff have a bachelor's degree or credentials in a child-related field?	
Do the providers participate in ongoing training or continuing education programs?	

Child Care Policies and Procedures

Question	Notes
Does the program provide a written contract before you enroll your child?	
Does the program provide a copy of the parent handbook prior to enrollment?	
Does the program clearly outline the cost of care, field trip or special program fees, and any other fees?	
Does the program have a policy regarding drop-off and pick-up times, including who can pick up your child? Are there fees for late pick-up?	
Does the program have a policy for times when it may close, such as for certain holidays, inclement weather, or in case of emergencies?	
Does the program have a policy regarding when your child and other children should stay home because of illness?	
Does the program have a policy regarding termination of your child care agreement?	
Does the program have a written policy for when the provider is allowed to give medications?	
Does the program have a written supervision policy or plan that ensures children are supervised at all times?	
Does the program provide a written guidance and discipline policy?	